

2021 San Simon Unified School District Mitigation Plan for COVID-19
This is to be used as a guide. It will be updated frequently and is subject to change as new information is being presented.

Parent responsibilities:

- Monitor your child daily for fever and other listed health symptoms.
- If your child has fever, they must be free of fever for 24 hours without the use of fever reducing medication to be able to return to school. Students with a temperature of 99 degrees will be sent home from school.
- Please keep your child at home if they exhibit any of these symptoms:

List of Health Symptoms:

Fever (99°F) or chills
Cough
Shortness of breath or difficulty breathing
Fatigue
Muscle or body aches
Headache
New loss of taste or smell
Sore throat
Congestion or runny nose
Nausea or vomiting
Diarrhea

School Office:

The school office is one of the most frequently visited locations in our district. In order to maintain the safety of our office staff and the students, we will follow these guidelines:

- We ask that parents limit their visits to emergency situations only.
- Hand sanitizer will be available in the office.
- Masks will be available in the office, if visitors do not have one and are in need of one.
- The office will have a thermometer to check temperatures of students, staff and visitors if needed.
- Students and staff are asked to limit their visits to the office as well.
- **Parents are asked to not enter the office area.** They need to remain outside of the office and speak to office staff through the window to limit exposure.
- If a student is sent to the office for being "sick," the doors/area will be disinfected immediately.
- The office will be disinfected several times a day with an approved disinfectant spray and wipes.

School Staff:

- Monitor your symptoms and stay home if you are sick.
- Wash your hands frequently. Use sanitizer if washing your hands is not an option.
- Make a constant and conscious effort to direct students to follow proper sanitation rules and social distancing.

Classroom Teachers:

- Provide hand sanitizing options and handwashing availability at all times.
- Maintain social distancing.
- Clean classroom frequently.
- Have masks on hand for any student who wants to wear a mask.
- Limit activities where students are congregated in close proximity to each other.
- If a student looks or feels ill during the day, contact the office prior to sending them to the office.
- If you send a student to the office due to fever or illness, take them outside the classroom door, make sure they have a mask covering and send them to the office. Please be as confidential as possible.

Bus Routes

We will adhere to the following guidelines for all bus activities:

- Any student who is exhibiting symptoms will not be allowed to enter the bus. Parents will not leave the bus stop prior to their child boarding.
- No student will change seats during the trip.
- Students will be spread throughout the bus as much as possible to provide for some level of social distancing.
- Students will sit with/near the same students every day. Siblings will sit together.
- Passengers riding the bus will wear a mask unless medical conditions prevent a mask from being worn.
- Buses will be sanitized after each route/trip.

Lunch/Cafeteria Guidelines:

- We will require social distancing throughout the breakfast/lunch period.
- Each class will maintain a significant distance from other classes.
- Lunch tables will be situated to best adhere to social distancing practices.
- Breakfast and lunch serving time may be extended to accommodate spacing.
- Tables will be cleaned and sanitized prior to another group using the table.

Recess:

- When possible, a staggered recess schedule will be followed to ensure fewer students are on the playground areas at the same time.
- Each class will go to recess together and remain together.
- Games where social distancing can take place will be encouraged.

Jr. High-High School Passing:

- Physical distancing will be encouraged during passing class time.
- Students must go directly to their next class and not group or congregate.
- Groups of students cannot congregate around doors/lockers or other areas on campus.

Office Procedures with Students:

- Visits to the office by students and staff should be limited to necessity only.
- It is suggested that a student who is sent to the office because they are ill should wear a mask until they can be sent home.
- After an ill student has left the office, the area will be sanitized.

Accountability and Attendance:

San Simon will not give out attendance awards for the duration of the COVID-19 health crisis.

Attendance will be taken through the office and each class period by teachers. If student is absent, arrangements will be made for missed assignments.

Information from the CDC:

Everyone Should Wash Their Hands Often

- [Wash your hands](#) often with soap and water for at least 20 seconds especially after you have been in a public place, or after blowing your nose, coughing, or sneezing.
- It's especially important to wash:
 - Before eating or preparing food
 - Before touching your face
 - After using the restroom
 - After leaving a public place
 - After blowing your nose, coughing, or sneezing
 - After handling your cloth face covering
 - After changing a diaper
 - After caring for someone sick
 - After touching animals or pets
- If soap and water are not readily available, use a hand sanitizer that contains at least 60% alcohol. Cover all surfaces of your hands and rub them together until they feel dry.
- Avoid touching your eyes, nose, and mouth with unwashed hands.

Avoid Close Contact

- Inside your home: Avoid close contact with people who are sick.
 - If possible, maintain 6 feet between the person who is sick and other household members.
- Outside your home: Put 6 feet of distance between yourself and people who don't live in your household.
 - Remember that some people without symptoms may be able to spread viruses.
 - [Stay at least 6 feet \(about 2 arms' length\) from other people.](#)

- Keeping distance from others is especially important for [people who are at higher risk of getting very sick](#).

Cover your mouth and nose with a cloth face cover when around others

- You could spread COVID-19 to others even if you do not feel sick.
- Continue to keep about 6 feet between yourself and others.
- Cover coughs and sneezes
- Always cover your mouth and nose with a tissue when you cough or sneeze or use the inside of your elbow and do not spit.
- Throw used tissues in the trash.
- Immediately wash your hands with soap and water for at least 20 seconds. If soap and water are not readily available, clean your hands with a hand sanitizer that contains at least 60% alcohol.

Clean and disinfect

- Clean AND disinfect [frequently touched surfaces](#) daily. This includes tables, doorknobs, light switches, countertops, handles, desks, phones, keyboards, toilets, faucets, and sinks.
- If surfaces are dirty, clean them. Use detergent or soap and water prior to disinfection.

Information from Cochise Health and Social Services:

Dear Parents and Guardians,

There is a new strain of the COVID-19 virus called the Delta variant. Delta spreads two times easier than other variants, which means more people, including children, are getting COVID-19. Current data suggests the Delta variant may cause more severe illness compared with previous strains, especially in the younger population.

Cochise County Health & Social Services has confirmed the presence of the Delta variant within the county, and we are experiencing a high transmission rate of the disease, including a substantial number within our schools.

Cochise County Health & Social Services **strongly** encourages mask use for all children attending in-person instruction.

When notified that a student has a positive COVID-19 test result, or has been a contact, schools are responsible for excluding students who need to be in isolation or quarantine. This requires school leadership to notify parents of suspected exposures on school grounds in order for those students to quarantine at home until one of the following criteria categories is met:

Criteria 1

At least 10 days have passed since they were exposed to COVID-19; **AND**

Remain symptom free for that 10-day period; **AND**

Will continue to monitor for signs and symptoms and adhere to mask usage and social distancing for a total of 14 days post exposure.

Criteria 2

At least 7 days have passed since they were exposed to COVID-19; **AND**

Your child tests negative for COVID-19 at least five days after the exposure date; **AND**

Your child has been symptom free for that seven-day period; **AND**

Will continue to monitor for signs and symptoms and adhere to mask usage and social distancing for a total of 14 days post exposure.

Criteria 3

A full 14 days has passed since exposure; **AND** Remain symptom free

If your child is fully vaccinated and symptom free, they do not need to quarantine. However, it is recommended that individuals receive a COVID-19 test 5 days after exposure and continue to wear a mask.

If your child has had a prior COVID-19 infection within the last 90 days, and it is documented, they do not need to quarantine as long as they are symptom free.

Regardless of vaccination status or prior infection, anyone who tests positive for COVID- 19 or who has symptoms consistent with COVID-19 must isolate. Full isolation and quarantine guidance can be found at the link below.

Exception to the 6-foot social distancing guideline from CDC:

If a student case is within 3 to 6 feet of another student for under 15 minutes in a 24-hour period, and both were properly wearing masks, that contact would not need to quarantine. Due to this exception, proper mask usage could reduce the number of students requiring quarantine.

As a community, we must all work together to slow the spread of COVID-19 during this pandemic. We appreciate your cooperation and necessary support to maintain in-person education, student development, and to limit opportunities for COVID- 19 to spread.

For more information please visit:

<https://www.cdc.gov/coronavirus/2019-ncov/index.html>

<https://azdhs.gov/covid19/index.php>

<https://covid-cochisehealth.hub.arcgis.com/> <https://www.cdc.gov/coronavirus/2019-ncov/php/contact-tracing/contact-tracing-plan/appendix.html> <https://azdhs.gov/covid19/documents/public-health-resources/release-from-isolation.pdf>

Sincerely,

Alicia M. Thompson, DrPH, MSW Health Director