School Wellness Report Card

San Simon USD #18

Students need healthy food and environments to reach their full potential. This report reviews our progress towards the goals outlined in our Local Wellness Policy to help student's succeed!

OUTSANDING	SATISFACTORY	NEEDS IMPROVEMENT	
✔			Recess is offered before lunch.
	✔		Incorporate more fresh fruit and vegtables
		✔	SHAC meets 4 times per year.
		✔	Implement quarterly student wellness challenge
		✔	Parents and teachers receive a list of healthy party ideas
✔			All students have access to a healthy breakfast and lunch
✔			Students have the opportunity to participate in physical activities
✔			Students are allowed at least 10 min. for breakfast and 20 min. for lunch
	✔		Healthy eating habits will be encouraged to all students
✔			All meals are served in a clean & pleasant setting

Highlights

This year we incorporated more fresh fruits & vegetables in the menu. We continue to strive to meet the nutrition standards set by the USDA.
We provide recess before lunch and physical activity to all students.
The cafeteria was painted and new tables were installed making it a cleaner & and more pleasant setting.

Areas for Growth

We would like to encourage our parents & teachers to implement more healthy party ideas & healthy eating habits.
Another area we would like to improve in is our SHAC meetings. We weren't able to meet 4 times this year.
Implement quarterly student wellness challenge.